



## KANNAPOLIS CITY COUNCIL

**M. Darrell Hinnant**  
Mayor

dhinnant@kannapolisnc.gov

**Dianne Berry**

dberry@kannapolisnc.gov

**Ryan G. Dayvault**

rdayvault@kannapolisnc.gov

**Darrell Jackson**

djackson@kannapolisnc.gov

**Tom Kincaid**

tkincaid@kannapolisnc.gov

**Van Rowell**

Mayor Pro-tem

vrowell@kannapolisnc.gov

**Doug Wilson**

dwilson@kannapolisnc.gov

THE CITY OF KANNAPOLIS  
401 Laureate Way | Kannapolis, NC 28081  
704.920.4300  
www.kannapolisnc.gov



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## FIRE AWARDS

The Kannapolis Fire Department recently held its annual Awards and Appreciation Banquet at the Laureate Center in Kannapolis. More than 200 fire department personnel, family members and special guests attended the event.

Numerous personnel were honored for their accomplishments in 2019. The top honors of the night went to Retired Assistant Chief Danny Scott, recipient of the Larry C. Phillips Fire Officer of the Year Award; and Senior Engineer Blake Overcash, recipient of the Danny E. Scott Firefighter of the Year Award.

These awards are presented annually to firefighters who exhibit exemplary leadership skills; commitment to the department and the community; a high degree of motivation; superior supervisory skills and job knowledge; and personal achievements during the year. Honorees are chosen by their peers for the awards.



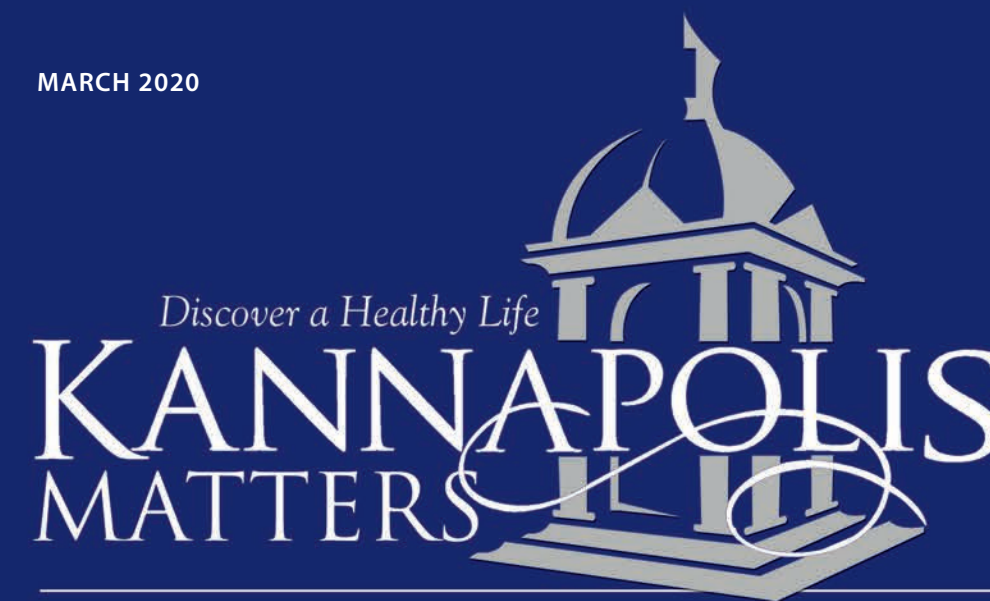
Senior Engineer Blake Overcash and Retired Assistant Chief Danny Scott

## YARD WASTE TIP

Our contractors cannot collect trash with yard waste mixed in. Please remember to put yard waste at the curb, not in your trash bin. To learn how to dispose of items and to find your collection schedule, visit [kannapolisnc.gov/yardwaste](http://kannapolisnc.gov/yardwaste) or download the CARTology app in the Apple and Google Play stores.



MARCH 2020



## HAVE A BLAST ON APRIL 4

Join us at 11 a.m. on April 4 at Atrium Health Ballpark for an Open House Celebration. Following a short ceremony, the ballpark will be open for you and your family to tour. You will be able to enjoy a behind-the-scenes self-guided tour of the dugouts, player locker room, batting cages and more.



The Atrium Health Ballpark is the new home of the Kannapolis Cannon Ballers. Located on West Avenue in downtown Kannapolis, the new state-of-the-art venue is designed to give fans a great experience while watching the game with friends and family. It will also host concerts and other entertainment events.

The venue will have 6,000 square feet of banquet and meeting space that you can rent for conferences, meetings and special events. It is designed as a public park with restrooms, includes a children's playground and splash pad, and is open to the public for you to walk the concourse daily.

The stadium will have a seating capacity of 4,930 with 3,218 of those being fixed seats. Other seating options will include luxury suites, a party deck, berm seating, premium

## CALENDAR OF EVENTS

### MARCH

- 13 **Rhythm & Run** | 6:30 p.m.  
Downtown Kannapolis
- 21 **Daddy/Daughter Dance**  
6-8 p.m. | The Laureate Center
- 28 **Spring It On 5K** | 8:30 a.m.  
Downtown Kannapolis

### APRIL

- 4 **Have A Blast Open House Celebration** | 11 a.m.  
Atrium Health Ballpark
- 10 **Good Friday**  
City offices closed
- 16 **Kannapolis Cannon Ballers Opening Day** | 6:30 p.m.  
Atrium Health Ballpark
- 18 **Strides for Stroke 5K/10K**  
9 a.m. | Downtown Kannapolis
- 18 **Earth Day Shred Event**  
10 a.m. | Village Park
- 28 **Fair Housing Lunch and Learn** | Noon | The Laureate Center
- 29-30 **Jiggy With the Piggy**  
Downtown Kannapolis

### MAY

- 1-3 **Jiggy With the Piggy**  
Downtown Kannapolis

More at [kannapolisnc.gov](http://kannapolisnc.gov)



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dugout box seats, a picnic terrace, an outfield bar and right field boxes.

The Atrium Health Ballpark is the catalyst for the City's Downtown Revitalization Project and has already resulted in commitments by private investors for an adjacent mixed-use development – VIDA – totaling more than \$60 million. VIDA is under construction now and will be open in early 2021.

## FREE SHRED EVENT IN KANNAPOLIS

From 10 a.m. -12 p.m., Saturday, April 18, the Kannapolis Parks and Recreation Department will host a free document shredding event at Village Park, 700 West C Street.



Residents can bring up to five average-size file boxes of paper to be securely shredded on-site to be recycled. If you are unable to come to the event, you are welcome to drop off your documents at Village Park between the hours of 8 a.m. and 5 p.m., Monday-Friday, beginning Monday, April 6. There will be a secure bin that will be shredded at the event on April 18.



## FAIR HOUSING LUNCH AND LEARN EVENT ANNOUNCED

Are you interested in knowing more about the NC Fair Housing Act and your rights regarding equal housing opportunities? A lunch and learn event will be held from noon-1:30 p.m., Tuesday, April 28, at The Laureate Center, Kannapolis City Hall, 401 Laureate Way.

The event is hosted by the City of Kannapolis and Prosperity Unlimited Inc. Guest Speaker is James Perry, CEO and President of the Winston-Salem Urban League. Prosperity Unlimited will end the event with tips on how to prevent foreclosure. Vendors will be present to share resources regarding housing and public services available to Kannapolis residents.

Lunch is free, but reservations are required by April 21. RSVP by emailing Erika Riley: [eriley@kannapolisnc.gov](mailto:eriley@kannapolisnc.gov). For additional information, contact Sherry Gordon: [sgordon@kannapolisnc.gov](mailto:sgordon@kannapolisnc.gov) or 704-920-4332.

## SPRING PARK HOURS ANNOUNCED

As warmer weather approaches, the Village Park Rotary Express and Carousel will operate on a limited schedule. The train and carousel will be open from 10 a.m.-7 p.m. every Saturday, and noon-6 p.m. every Sunday, beginning April 4.



The first weekend to enjoy the Splash Pad will be Memorial Day weekend, May 23-25. It will be open Saturday, from 10 a.m.-7 p.m. and Sunday-Monday from noon-6 p.m. The putt putt course at Bakers Creek Park opens on April 4 for weekend play from 10 a.m.-6 p.m. on Saturdays and 2-6 p.m. on Sundays.

Village Park is located at 700 West C Street. Bakers Creek Park is located at 1275 West A Street.

## JIGGY WITH THE PIGGY VOLUNTEERS NEEDED

Come be a part of the Jiggy with the Piggy Festival on April 29-May 3 in Kannapolis! We need volunteers to help with the BBQ competition, 5K walk/run, arts & crafts vendors, concerts, family movie and more!



The festival needs more than 200 people for it to run smoothly and you can be a part of the excitement.

Partners in the weekend events include City of Kannapolis, Kinetic by Windstream, Kannapolis Rotary, Kannapolis YMCA and the 600 Festival Committee.

If you sign up before April 1, you are guaranteed a free t-shirt. Register at [jiggywiththepiggy.com](http://jiggywiththepiggy.com).

## NC RESEARCH CAMPUS NEEDS STUDY PARTICIPANTS

The North Carolina Research Campus is a scientific community that collaboratively works to empower human health through nutrition. Scientists from eight universities are focusing their research and development on safer, more nutritious crops, healthier foods and precision nutrition.

Focus areas for their research include phytochemicals in fruits, vegetables, grains and herbs; exercise physiology; post-harvest physiology; population-based genetic studies; and nutrition. The growing base of scientific knowledge combines new understandings of how nutrients, plant phytochemicals, the environment and lifestyle choices impact brain and fetal development, cancer, diabetes, obesity, heart disease, fatty liver and other metabolic disorders.

Three of the universities would like for you to join their research studies. See below for information.

### UNC NUTRITION RESEARCH INSTITUTE

Research studies at the Nutrition Research Institute (NRI) rely on our local community to be part of scientific discovery to find new ways to detect, treat or even prevent disease. Check out current opportunities at <https://www.uncnri.org/index.php/volunteer/> to see if you are eligible to participate in a study. They will pay you for your time.

### NC STATE UNIVERSITY Plants for Human Health INSTITUTE

The BAM Study – (Blueberry Absorption Metabolism) – will look at how compounds in blueberries, fresh and as an ingredient in a protein bar, are absorbed by the body. Learn about how you can become a participant at <https://plantsforhumanhealth.ncsu.edu/bam/>.

### Duke Clinical & Translational Science Institute

Duke's new online Volunteer Registry is for people who are interested in participating in health research studies. The registry is designed to collect information about participants who may be contacted for future studies. Learn how you can participate by visiting <https://murdock-study.com/partners/volunteer-registry/> or by calling the Duke CTSI office at 704-250-5861.

